



# OUTDOOR WORLD





# HORSE-DRAWN SLEIGH RIDES

Enjoy a journey by carriage through the wonderful winter landscape, wrapped in warm woolen blankets, breathing in the cold winter air and with your mind completely on yourself.

## ▶ ROMANTIC HORSE-DRAWN CARRIAGE RIDE IN NASSFELD - monday, wednesday and friday

**START:** 2 pm, 3 pm, 4 pm, 5 pm

**MEETING POINT:** Hotel Gartnerkofel - Sonnenalpe Nassfeld 18

**DURATION:** about 45 minutes

**PRICE:**  $\leq$  25,- per adult /  $\leq$  15,- per child (4-10 people) **REGISTRATION:** By 4 pm the day before at Hotel Gartnerkofel

Tel.: +43 4285 8175

## ▶ ROMANTIC HORSE-DRAWN CARRIAGE RIDE IN TRÖPOLACH - thursday and saturday

Saturday: Meeting Point - Hotel & Spa Falkensteiner Carinzia in Tröpolach

**Thuersday:** Meeting Point - Hotel Samerhof in Tröpolach

START: from 2 pm
DURATION: about 45 minutes

PRICE: € 20,- per adult / € 13,- per child

**REGISTRAT**ION: By 4 pm the day before at the family Haberle - Tel.: +43 650 486 06 09

#### ► HORSE-DRAWN CARRIAGE RIDE IN GAILTAL

**DURATION:** 1 hour

PRICE: € 100,- / hour for 4-6 people

REGISTRATION: The day before at Gratzer Martina

9625 St. Daniel/Gailtal Nr. 7 Tel.: +43 650 261 07 93

**CAPACITY:** horse-drawn sleigh 10 people/ horse-drawn carriage 4-6 people





## **TASTER SKI TOUR**

With the small Ixl of ski touring, you can experience what it feels like to make your first tracks on the ascent with your touring skis in the snow. Stress-free hours - away from the hustle and bustle of the pistes - teach you the basics of this wonderful ski touring sport, to whet your appetite for ski touring.

After reaching your destination, it's a wonderful feeling to end the tour with a leisurely descent on a groomed piste or a well-travelled forest trail.

**START:** 9:30 am (Dec.-March) and on request!!

**DURATION:** about 3 hours **DIFFICULTY:** easy

PARTICIPANTS: max. 6 people AGE: from 12 years

PRICE: from € 80,00 per participation

10 % discount with the WinterCARD PREMIUM!

PREREQUISITE: Safe downhill skiing, safe stem turns - with skis on a red slope

Stamina for the ascent of up to 2 hours

REGISTRATION: Bergsport Südalpen

Bergsteigerdorf Mauthen 9640 Kötschach-Mauthen

Tel.: 0043 664 352 73 05 / info@bergsport-suedalpen.at

https://bergsport-suedalpen.at

The ski touring equipment (skis, bindings, skins, boots, poles) is not included in the ski touring experience price.





## TASTER CROSS-COUNTRY SKIING COURSE

Enjoy the time in marvellous nature with fun and joy of movement! Cross-country skiing is one of the healthiest winter sports and is equally suitable for adults and children

Specially trained cross-country skiing instructors show you the first steps and motivate you to improve your technique. You get the first flow of gliding in classic or skating style

The selection of trails on the Tressdorfer Alm, directly on the Nassfeld, or in good snow conditions also in the valley, offers the right terrain for every ability level

START: 2 PM MEETING POINT: Depending on ability level;snow conditions

**DURATION:** ca. 1,5 hours **COURSE:** Beginner - Advanced

PRICE: € 49,00 per person

BRING ALONG: Warm clothing, gloves, hat, drinks or tea,

Own cross-country skiing equipment or can also be hired (by prior arrangement)

(not included in the price) at Sport Sölle Tel. 0043 4285 7100

COURSE CONTENT: Basic knowledge of cross-country skiing and its technique in classic or skating style

REGISTRATION: die Skischule.at

Tröpolach 155 9631 Jenig

Tel 0043 650 410 22 71 / office@dieskischule.at









#### MOONLIGHT SNOWSHOEING

Experience nature from a different perspective on a special snowshoe experience.

During the moonlight hike, with a bit of luck, the mystical earth satellite will accompany us and make the snow-covered winter landscape appear in an incomparable light.

In the shadow of the headlamp and the moonlight, you can round off the wintry day with an extraordinary snowshoe hike and enjoy the romantic atmosphere and absolute silence of the dawning night.

Depending on the weather and snow conditions, the tour destination is in the Nassfeld or Kötschach-Mauthen area.

**START:** 5 PM **DURATION:** about 2 hours **AGE: fom** 12 years

PRICE: from € 45,00 per person - max 8 people

10 % reduction with the Winter CARD Premium!

A reservation request is required for participation in the moonlight snowshoe hike (at least 24 hours before the start of the activity) by e-mail to info@bergsport-suedalpen.at

SERVICES: Guided tour by a state-certified mountain and ski guide Snowshoes, poles and headlamp

**BRING ALONG:** Warm winter clothing, mountain or hiking boots, gloves, hat, drinks, snack!

Good basic fitness for an ascent of approx. 1.5 - 2 hours, thirst for adventure

REGISTRATION: Bergsport Südalpen

Bergsteigerdorf Mauthen 9640 Kötschach-Mauthen

Tel.: 0043 664 352 73 05 / info@bergsport-suedalpen.at





## TORCHLIGHT HIKE TO THE TRESSDORFER ALM

Experience the magic of a romantic torchlight hike at Nassfeld!

Every Monday at 20:00, we invite families and nature lovers to hike together to the idyllic Tressdorfer Alm. With glowing torches, which you will receive at the meeting point, you will be guided through the wintry mountain landscape. Once you arrive at the hut, enjoy the cozy atmosphere and warm up with mulled wine, tea and other hot drinks. At 10 p.m. we make our way back together - an unforgettable experience for young and old!

PROGRAM:: 20:00 hrs Meeting point - Falkensteiner Hotel Sonnenalpe Nassfeld

approx. 8:15 pm Joint torchlight hike to the Tressdorfer Alm

(duration approx. 45 minutes)

approx. 22:00 hrs Return hike to the Sonnenalpe Nassfeld

REGISTRATION: Information and Service Center Nassfeld-Pressegger See

Tel. +43 4285 8241 info@nassfeld.at

Until 12:00 noon on the respective day





## **TUESDAY**

#### **FAMILY SNOWSHOE TOUR**

On the trail of the snow hare - searching for animal tracks and other adventures for the whole family.

Nobody is as attentive, curious and open to new impressions in nature as the youngest among us. Our family snowshoe hike, with approx. 1 - 1.5 hours of pure walking time, leaves plenty of time and space for exploration and discovery. It also offers the slightly older among us the opportunity to experience snow-covered forests, white slopes and animal tracks in the snow once again through enriching children's experiences.

**START:** 2 PM **DURATION:** about 3 hours **AGE:** from 8 years

**PRICE:** from  $\le$  45,00 per person - max 8 people 10 % reduction with the Winter CARD Premium!

A reservation request is required for participation in the moonlight snowshoe hike (at least 24 hours before the start of the activity) by e-mail to info@bergsport-suedalpen.at is required

SERVICES: Guided tour by a state-certified mountain and ski guide Snowshoes and poles

PREREQUISITES:: No previous snowshoeing experience necessary

Basic fitness for a walk in winter of approx. 1.5 - 2 hours

An actively participating accompanying person for children under 12 years of age

REGISTRATION: Bergsport Südalpen

Bergsteigerdorf Mauthen 9640 Kötschach-Mauthen

Tel.: 0043 664 352 73 05 / info@bergsport-suedalpen.at









# MAGICAL MOMENTS - IN CARINTHIA'S EXCELLENT NATURE

## A TOUR TO (BACON)SPECTACULAR CASTLE EXPERIENCES

Crystal-clear winter air, romantic forests and snow-covered paths, the perfect contrast to winter on the piste. After we have plodded across snow-covered meadows and through wintery forests together with Natur Aktiv Guide Hanni, we are welcomed by Hans - the lord of the castle and bacon master - in front of Lerchenhof Castle. What the lord of the castle tells us sounds like a fairy tale, but it is a romantic love story from times gone by. The way to the heart is through the stomach, thus we are introduced to the art of making bacon before sampling delicious slices of Gailtal Valley bacon of various types. The final highlight is a visit to the castle's treasury.

START: 10 am MEETING POINT: Schloss Lerchenhof - Untermöschach 8

APPOINTMENTS: every Wednesday from 18.12.2024 - 19.03.2025

**PRICE:** € 25,- per adult and children from 8 years

**SERVICES:** Guided tour for body, mind and soul with Natur Aktiv Guide

· Interesting facts conveyed by the lord of the castle & bacon master

· Sampling of fine bacon variations

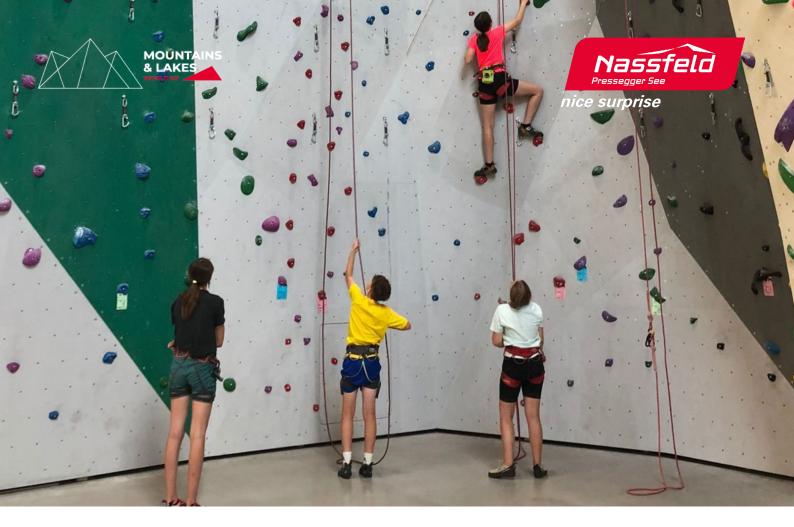
· A small piece of the original Gailtal Valley bacon to take home

**REGISTRATION:** by 2 pm the day before

Info- und Servicecenter Nassfeld-Pressegger See

Tel. +43 4285 8241 oder info@nassfeld.at





## **WEDNESDAY**

## INDOOR TASTER CLIMBING

The ideal opportunity to get to know the fascination of climbing together without stress.

As soon as you have the first steps and holds behind you, you will experience new movements on the climbing wall - an indescribable feeling of an exciting sport.

Taster climbing offers the perfect introduction to your first climbing attempts, protected from wind and weather. After a short warm-up, you will gain an insight into bouldering, rope climbing and the safe use of self-belay devices.

START: 3.30 PM (DEC. - MARCH) and on request! MEETING POINT: KLE-SCH Kletterhallte St. Daniel

9635 St. Daniel 100

**DURATION:** about 2 hours **AGE:** from 8 years

PARTICIPANTS: max. 9 people PRICE: from € 40,00 per person

from € 40,00 per person 10% reduced with the WinterCARD Premium!

**PREREQUISITES** no previous knowledge required

Children under the age of 12 must be accompanied by an adult actively participating in the course, adult actively participating in the course

INCLUDED SERVICES: Guided tour by a state-certified mountain and ski guide

Rental equipment (climbing harness & climbing shoes)

REGISTRATION: Bergsport Südalpen

Bergsteigerdorf Mauthen 9640 Kötschach-Mauthen

Tel.: 0043 664 352 73 05 / info@bergsport-suedalpen.at





## **ON REQUEST**

## **ICE CLIMBING TASTER**

The little 1x1 of ice climbing - your first, icy chance to climb the Marterpfahl
In our little 1x1 of ice climbing, you will experience - secured in the toprope - what the fascination of ice is all about and the increasingly popular sport associated with it. The time window to climb up waterfalls waterfalls, which are often raging torrents in summer, is relatively short - the experience of ice climbing, perhaps precisely all the more unique because of this. Our introductory ice climbing course offers you, under absolutely beginner-friendly conditions conditions, the basis for gaining initial experience in ice climbing gardens or on icefalls, as well as our "Basic ice climbing course". After a comprehensive introduction to the use of crampons and ice tools as well as some general tips on the different techniques that are important for you as a beginner you will feel what it means to make your first tracks in the ice with your own hands and feet, or rather with ice tools and crampons.

START: 5 PM MEETING POINT: Bergsteigerdorf Mauthen

**DURATION:** about 2,5 hours **AGE:** from 12 years

**PARTICIPANTS:** max. 4 people PRICE: from € 85,00 per person

10% reduced with the WinterCARD Premium!

**PREREQUISITES**No previous ice climbing experience necessary

Previous belaying and climbing experience

A certain degree of resistance to the cold, a head for heights and surefootedness

**INCLUDED SERVICES:** Guided tour by a state-certified mountain and ski guide

Rental equipment (climbing harness & climbing shoes)

REGISTRATION: Bergsport Südalpen

Bergsteigerdorf Mauthen 9640 Kötschach-Mauthen

Tel.: 0043 664 352 73 05 / info@bergsport-suedalpen.at





Experiencing winter sports off the slopes

## **OUTDOOR & RELAX WORLD**

## **SNOWSHOE HIKE**

When the snow softly crunches underneath your feet, the warm rays of sunlight gently caress your face, and you'll slowly get the feeling of being completely immersed in a winter wonderland: That's when you'll know you're out on a snowshoe hike in the Nassfeld-Pressegger See region

The extensive route network in the Carnic and Gailtal Alps has winter sports enthusiasts in awe. Far away from all the noise, traffic and crowds of people, they can take a breather and enjoy the silence of nature.

Secret tip: Listen up, romantics! In Lesachtal Valley, Europe's most pristine valley, snowshoe hikers have a total of twelve different routes available to them.

### **GUIDED SNOWSHOES HIKES:**

► Bergsport Südalpen Tel.: +43 664 352 73 05

E-Mail: info@bergsport-suedalpen.at https://bergsport-suedalpen.at

► Die Skischule.at Tel.: +43 4254 50610

► <u>Kärntner Bergwanderführer</u>







## TIME FOR SPEEDY DESCENTS IN CARINTHIA

## SLEDGING RUNS IN THE OUTDOOR & RELAX WORLD

Ready, steady, and go! Lift your legs and hold on tight as you swoosh down the mountain, curve by curve! Six different sledging runs are available to winter fans in the Nassfeld-Pressegger See region. Always accompanying you on your speedy descent: the stunning mountain scenery of the Carnic and Gailtal Alps

► TOBOGGAN TRÖPOLACH - 400 M - ILLUMINATED daily till 10 pm

**TOBOGGAN HIRE:** Sport Sölle Tröpolach Tel.: +43 4285 7100

Gasthof Winkler Tel. +43 4285 302

► TOBOGGAN SONNLEITN - 400 M - ILLUMINATED daily till 10 pm!

TOBOGGAN HIRE: Alpenhotel Marcius Tel.: +43 676 898 277 100

▶ TOBOGGAN RATTENDORF - 2 KM - ILLUMINATED Tuesday, Friday and saturday till 10 pm!

**INFO TO TOBOGGAN:** Tel.: + 43 4285 8241

► TOBOGGAN KREUTH/JENIG - 2 KM

TOBOGGAN HIRE: On request at Berghotel Presslauer

Tel.: +43 4285 209

► TOBOGGAN GUGGENBERG - 2 KM - ILLUMINATED daily till 10 pm!

**TOBOGGAN HIRE:** Schloss Lerchenhof – Familie Steinwender

Tel.: +43 4282 2100

► TOBOGGAN WEISSBRIACH - 3 KM - ILLUMINATED daily

STARTING POINT: Weißbriach - Lift Talstation
INFO- TOBOGGAN HIRE: Tel.: + 43 4286 228 (Hotel Löffele)

► TOBOGGAN NAGGLER ALM (CERTIFIED TOBOGGAN RUN) - WEISSENSEE - 500 M

**STARTING POINT:** Techendorf - Bergbahnen

**TOBOGGAN HIRE** Ascent winter hiking trail to EU Monument (behind Naggler Alm): approx. 1.5h

Altitude difference: 120 m Character: forest path Duration (approx.): 15 min.

Sled rental: Intersport Alpensport Techendorf

Tel. +43 650 730 18 56

▶ REGISTRATION FOR GROUPS TOBOGGAN RUN TRÖPOLACH:

THOMAS ARRICH: TEL. +43 650 978 06 40 THOMAS ASTNER: TEL. +43 664 750 800 57









## RIGHT ON TRACK ON TWO SLIM SKIS

## CROSS-COUNTRY SKIING IN THE OUTDOOR & RELAX WORLD

## THE CROSS-COUNTRY TRAIL NETWORK IN THE OUTDOOR & RELAX WORLD AT A GLACE

- Langlaufzentrum Nassfeld-Pressegger See (cross-country skiing centre) with 5 trails in the valley and in the mountains
- ▶ Nordic Competence Center with a biathlon training centre right by the Millennium Express cable car
- ▶ a 130-km regional trail network (22 of them right in the Nassfeld region)
- ▶ additional cross-country trails in Lesachtal Valley (60 km) and at Lake Weissensee (35 km)
- a cross-country ski school
- equipment rentals
- ▶ Border-Area Cross-Country Ski Trail in Lesachtal Valley:
- cross-country and biathlon centre in Obertilliach



## **CROSS COUNTRY SKIING TRAILS TECHNENDORF - 50 KM**

**CROSS COUNTRY SKIING FEE:** Daily fee € 8,-

CROSS COUNTRY SKIING SCHOOL: Peter Schwarzenbacher

Tel.: +43 664 131 55 33

**EQUIPMENT RENTAL:** Intersport Alpensport Techendorf

Tel. +43 4713 259 43









## **CROSS COUNTRY TRAILS**

## AREA NASSFELD-PRESSEGGER SEE

► PANORAMALOIPE TRÖPOLACH - RATTENDORF T2 LENGTH: 7,6 km - 58 HM - medium ENTRY: Parking lot Loipenzentrum Rattendorf West STYLE: Skating/Classic

► RUNDLOIPE TRÖPOLACH T2

ENTRY: Parking lot Loipenzentrum Rattendorf West

LENGTH: 5 km - 53 HM, easy

STYLE: Skating/Classic

► RATTENDORF LOIPE T1 LENGTH: 4,3 km - 31 HM - easy ENTRY: Parking lot Loipenzentrum Rattendorf West STYLE: Skating/Classic

► **VERBINDUNGSLOIPE RATTENDORF - WAIDEGG**ENTRY: Parking lot Loipenzentrum Rattendorf West

LENGTH: 2,3 km - 9 HM - easy
STYLE: Skating/Classic

► NASSFELD - PRAMOLLO SEELOIPE LENGTH: 2,3 km - 41 HM - difficult ENTRY: Border to Italy STYLE: Skating/Classic

► GAILTALLOIPE MÖDERNDORF - RATTENDORF
ENTRY: Gailbrücke Möderndorf

LENGTH: 8,8 km - 28 HM - easy
STYLE: Skating/Classic

► SEELOIPE PRESSEGGER SEE

ENTRY: Pressegger See - beginning at west Seerundweg

LENGTH: 3,3 km - 6 HM - easy
STYLE: Skating/Classic

► RUNDLOIPE THURNHOF LENGTH: 1 km - 7 HM -easy ENTRY: Schloss Lerchenhof STYLE: Skating/Classic

► BURGERMOOS LOIPE LENGTH: 1,3 km - 6 HM -easy ENTRY: ÖAMTC Untervellach STYLE: Skating/Classic

## **AREA GITSCHTAL**

► GITSCHTAL LOIPE LENGTH: 12 km - medium

► SONNEN LOIPE LENGTH: 12,2 km - easy

► NADALN LOIPE LENGTH: 1,7 km - easy

## AREA KÖTSCHACH MAUTHEN - KIRCHBACH - DELLACH

► WÜRMLACHER FELD LENGTH: 10 km - easy ENTRY: Valentinsbrücke Würmlach

► SONNENLOIPE GAILDAMM SÜD LENGTH: 12 km - easy ENTRY: St. Daniel Gailufer

▶ OBERGAILTALER PANORAMALOIPE: LENGTH: 21 km - medium ENTRY: north Gailufer





# ICE SKATING IN THE OUTDOOR & RELAX WORLD

## ICE-SKATING PARADISE PRESSEGGER SEE

- ▶ 55 hectares of natural ice
- ▶ a unique flora and fauna
- ▶ a groomed 2.5-kilometre circular skating track
- ice skate rental and changing facilities at the open entry
- option of going on a hike along the shoreline (Slow Trail)

SKATE RENTAL:

Pressegger See (open entry) daily from 11 am - 3 pm PRICE: € 6,- / person



## ICE-SKATING ON THE WEISSENSEE

- ▶ 6,5 km² Lake Weissensee is the largest continuously frozen and prepared natural ice surface in Europe.
- ▶ 25 km of circular ice tracks
- ice hockey rinks
- ▶ 400 m speed skating track.

SUBSIDY FOR ICE RINKS: € 8,--

SKATING SCHOOL ON THE WEISSENSEE: Natureislaufschule Weissensee

Tel +43 676 171 77 8

Eislaufschule Schwarzenbacher

Tel. +43 664 131 55 33









# ICE STOCK CURLING

#### AN ICE SPORT WITH TRADITION

Curling enjoys great popularity in Carinthia. Especially when the temperatures drop into the minus there is only one goal for many curling fans: to maneuver the cone-shaped ice sticks over the ice in order to hit the stave to hit.

▶ Sportzentrum Tröpolach: Peter Warmuth, Tel. +43 681 108 491 60

## FEEL THE MAGIC OF POWDER SNOW

## SKI TOURS IN THE CARNIC AND GAILTAL ALPS

All around seclusion, tranquility, idyllic winter landscapes and loose powder snow - thanks to the special microclimate on the sunny side of Carinthia, fresh snow supplies come at regular intervals.

Thus, there are perfect conditions for a ski tour in the Carnic and Gailtal Alps.

GOOD TO KNOW: Ski touring means immersing yourself in nature. Therefore, treat it with respect. You should also not disregard the proper treatment of wildlife when ski touring. It is best to follow the signposted routes and leave the animals their important retreat. This avoids unnecessary disturbance and stress and people and animals can enjoy the peace peacefully next to each other.

SAFETY FIRST: Safety on the mountain always comes first! Therefore, inquire before each ski tour about the snow and avalanche situation!



#### RULES FOR SKI TOURERS ON THE SKI SLOPE

For safety reasons it is forbidden to walk on the ski slopes for pedestrians or ski tourers at any time of the day or night! In general, the ski slope is closed from 5 pm to 8 am. There is danger to life!

#### TRAVELING SAFELY IN THE SUMMER & WINTER WORLD

## SAFETY ON THE MOUNTAIN

Whether alone or in a group, with family or friends: Hiking, mountaineering, climbing, via ferrata and mountain biking are among the most popular leisure activities in the Alps. However, every tour also harbors dangers - especially if they are poorly planned or not planned at all. Therefore: safety first!

So that you are always safe on the mountain,

we have summarized the most important rules of conduct for you.









## **EXTRACT OF THE SKI TOURS**

► AUERNIG - GARNITZENBERG ALTITUDE METERS: 446 ROUTE: 5,6 km DURATION: 1,5 hours Relatively easy ski tour which is especially suitable for beginners

► GARTNERKOFEL ALTITUDE METERS: 657 ROUTE: 3,9 km DURATION: 1,7 hours Starting point - state border Nassfeld! Busy ski tour with magnificent views at the summit

► HOCHWIPFEL (2.185m) ALTITUDE METERS: 1.585 ROUTE: 12,3 km DURATION: 5,3 hours Starting point: Rattendorf - Rattendorfer Almweg

► HOHE WARTE ALTITUDE METERS: 1.800 ROUTE: 8,5 km DURATION: 6 hours Very varied tour to the highest peak of the Carnic Alps. In good conditions, ski dreams become here ski dreams come true.

► EGGER ALM ALTITUDE METERS: 840 ROUTE: 9 km DURATION: 4 hours Starting point Garnitzenklamm-Möderndorf

► POLUDNIG ALTITUDE METERS: 1.322 m ROUTE: 24,8 km DURATION: 6,4 hours Beautiful tour as a supplement to the ski tour to the Egger Alm

## SKI TOURS WITH CERTIFIED SKI TOUR GUIDE::

► Sölle Sport: Tröpolach Tel.: +43 4285 7100

► Harald Assinger: St. Paul/Gailtal Tel.: +43 4283 2107 oder +43 664 111 95 88

► Sepp Szöke: Weissbriach Tel.: +43 4286 458 oder +43 664 337 29 67

► Bergsport Südalpen Tel.: +43 664 352 73 05

E-Mail: info@bergsport-suedalpen.at https://bergsport-suedalpen.at







## **CULINARY - REGIONAL PRODUCTS**

FARMERS MARKT IN HERMAGOR - every 1st, 3rd and 5th saturday in the month

**START:** 9 am – 12.30 pm

Hermagor - Wulfeniaplatz

► FARMERS MARKT IN TRÖPOLACH - every friday from 03.01.2025-11.04.2025 + wednesday 16.04.2025

**START:** 3 pm – 5 pm

Tröpolach - Valey station Millennium-Express

